| | Me, Myself | Our School | The Wider World |
|----------------|---|---|--|
| Kindness | Be kind to yourself. Look after yourself, eating healthily, getting enough sleep and keeping fit. Understand we all make mistakes and its ok to do this as it helps us learn. | Treat all pupils, staff and teachers as you would like to be treated yourself. Be kind to those who need more help than you. A small act of kindness will lead to bigger things. | Notice what is going on around you, say hello and do something to make a difference rather than burying your head in the sand. Recognising when you could be kind and offering to do something that makes a difference to someone. Be kind to people, wildlife and the planet. |
| Respect | Allow others to learn and achieve without disruption. Value your own judgement. Do what you feel is right. Listen to your emotions and feelings. | Listen to what people have to say and don't bully or be mean to those in the school. Be there for the people you sit with in class Follow the class rules/ code/charter? | Respect other people's religions, thoughts and beliefs. Respect our planet and do what you can to save it. |
| Resilience | Keep trying and don't give up if you get it wrong. Learn from your mistakes and try again! Say 'you can't do it YET ' Know how to 'bounce back' and be reflective. Reach for help when you need it and talk about your feelings. | Be passionate about things in school Be flexible in your thinking. Use your self-awareness to be flexible around others. Ask for help and give help. | Aim high, have good ambitions, keep striving for what you want to achieve. Be passionate about things around you. Work at overcoming barriers. Build blocks for the future. |
| Responsibility | Be responsible for yourself. Try your hardest and always aim to be the best person you can. Learn from your mistakes. Be a positive role model. | Be part of the team and want everyone to do their best. Help and encourage people to be as good as they can, to learn as much as they can and help others to learn. Do what you can to look after the environment, and equipment. Don't waste food. Represent the school as best as you can. | Do not throw litter, mess around outside people's houses or upset anyone in the area with your behaviour. Try to save energy (turnoff your lights when you aren't in the room and don't leave the tap running when you brush your teeth!). Go out and make a difference. Take care of yours and other peoples wellbeing. |
| Trustworthy | Be honest. Don't lie about mistakes or things you have done wrong. It is better to explain what has happened and then put it right! Remember every day is a fresh start. | Don't let others down, do what you say you will do, be reliable. Show you can be trusted and others will follow your example. Allow everyone to feel safe and be tolerant of each other. | Do things which will not harm or create risks. Be transparent – explain your thinking. Be a good citizen in and around our local community. Being the change that they want to see in the world. |