

A young girl with long brown hair is sitting on a man's shoulders. She is holding a brown teddy bear. The man has a full brown beard and is looking off to the side. The background is a plain, light-colored wall.

**Support for
all from the
Essex
Wellbeing
Service**

The Essex Wellbeing Service are here to support families across Essex with a variety of information, advice, guidance, and support across a range of health, wellbeing and day to day needs.

Contact 0300 303 9988 or visit www.essexwellbeingservice.co.uk for more information.



Essex County Council