

# Essex ACTIVate

Free holiday clubs for eligible families this winter!



Active Essex, Essex County Council and Thurrock Council are working with a network of locally trusted organisations to deliver *Essex ActivAte* clubs, on behalf of the Department for Education. These clubs are free for children and young people who are **eligible for benefits based free school meals**. Plus, **Essex County Council have extended the offer** to provide free spaces for children from **low income working families** who would benefit from this support.

Clubs will take place over multiple days of the **Winter Break**, predominantly from **December 20th - 23rd**.

Every club will be **inclusive**, with **trained Inclusion and Mental Wellbeing ambassadors** at each venue.

Each club will provide its own unique variety of **physical and enrichment activities**, as well as **fun food education**.

Children and young people will receive a **tasty and nutritious meal** each day that they attend a club.

Specialist **SEND and Mental Wellbeing Hubs** are available across the county, offering **tailored sessions** run by **specialist coaches**.

Book now!

