



# Brook Essex Parents and Carers Brochure

**A list of training sessions  
available for Essex Parents  
and carers.**

**Oct 2020-April 2021**





**Please find a list of RSE at Home with Parents online sessions, all are FREE for Parents and Carers in Essex.**

**All sessions will be held via Zoom, if your organisation does not permit the use of Zoom, please use personal equipment to join the session.**

**Invite links will be sent to the email address provided when signing up for an event.**

<https://www.facebook.com/EssexBrook/>





# RSE at Home with Parents.

## Primary sessions.

<https://www.facebook.com/EssexBrook/>



# RSE at Home: Primary

Relationship and Sex Education workshop created especially for Essex parents and carers, of Primary school aged children.

Talking to young people about their sexual health can be a challenging experience. In this training, we draw on our 55 years of expertise of talking to young people about their sexual health and provide a comprehensive overview of the information that you need to know.

Our Education and Wellbeing Specialists will explore;

- **How the new legislation will impact on your child**
- **What it means for primary school students**
- **What is taught and why we teach it**
- **How you can continue those conversations at home.**

There will be time reserved for questions and how Brook can provide further support.



# Booking details

**8<sup>th</sup> December 2020 6.30pm-7.30pm**

<https://www.eventbrite.co.uk/e/rse-at-home-with-parents-primary-essex-only-tickets-125348541863>

**8<sup>th</sup> January 2021 10.30am-11.30am**

<https://www.eventbrite.co.uk/e/rse-at-home-with-parents-primary-essex-only-tickets-125349199831>

**25<sup>th</sup> February 2021 10.00am-11.00am**

<https://www.eventbrite.co.uk/e/rse-at-home-with-parents-primary-essex-only-tickets-125349572947>

**19<sup>th</sup> March 2021 6.30pm-7.30pm**

<https://www.eventbrite.co.uk/e/rse-at-home-with-parents-primary-essex-only-tickets-125350527803>

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# RSE at Home with Parents.

## Secondary sessions.

<https://www.facebook.com/EssexBrook/>



# RSE at Home: Secondary

Relationship and Sex Education workshop created especially for Essex parents and carers, of Secondary school aged children and young people.

Talking to young people about their sexual health can be a challenging experience. In this training, we draw on over 55 years of expertise of talking to young people about their sexual health and provide a comprehensive overview of the information that you need to know.

Our Education and Wellbeing Specialists will explore;

- **How the new legislation will impact on your young person**
- **What it means for secondary school students**
- **What is taught and why we teach it**
- **How you can continue those conversations at home.**

There will be time reserved for questions and how Brook can provide further support.



## Booking details

**10<sup>th</sup> December 2020 6.30pm-7.30pm**

<https://www.eventbrite.co.uk/e/rse-at-home-with-parents-secondary-essex-only-tickets-125443616233>

**8<sup>th</sup> January 2021 12noon- 1pm**

<https://www.eventbrite.co.uk/e/rse-at-home-with-parents-secondary-essex-only-tickets-125443937193>

**25<sup>th</sup> February 2021 12noon-1pm**

<https://www.eventbrite.co.uk/e/rse-at-home-with-parents-secondary-essex-only-tickets-125444208003>

**26<sup>th</sup> March 2021 6.30pm-7.30pm**

<https://www.eventbrite.co.uk/e/rse-at-home-with-parents-secondary-essex-only-tickets-125444492855>

<https://www.facebook.com/EssexBrook/>







**If you would like more  
information, please contact  
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