



# FITSTEPS®

With Michelle Clarke



This is a dance based exercise class, all the dances of the ballroom but with no partner required, suitable for both women & men. Cost just £7 on a pay as you go basis, see all class details below .



**Cha Cha Cha!**  
**Jive!**  
**Samba & More!**



### **Class Time Table**

**Monday** FAB Class 1.45pm to 2.45pm -**Sawbridgeworth**  
Memorial Hall, The Forebury, CM21 9AX (sat nav)

**New Venue! Monday** - 6.30pm to 7.30pm - Fawbert & Barnard's  
Primary School, London Road, **Old Harlow** - CM17 0DA

**Wednesday** - 6.30pm to 7.30pm - **Sawbridgeworth** Memorial  
Hall, The Forebury, CM21 9AX (sat nav)

more details can be found at FitSteps With Michelle Clarke in  
Harlow - via Google, Facebook & Instagram - or message me on

**07752847242**