

A black and white photograph of two people in a Pilates studio. They are sitting on a textured mat on a wooden floor, performing a Pilates exercise. The person in the foreground is wearing a light-colored top and dark leggings, while the person in the background is wearing a dark top and leggings. Large, bold, white text with a black outline is overlaid on the image.

CLASSIC PILATES
MONDAY 8-9PM
COMPLETE BEGINNERS WELCOME

FAWBERT & BARNARD'S PRIMARY SCHOOL
LONDON ROAD
OLD HARLOW
ESSEX CM17 0DA

CONTACT DONNA - 07736304113



STRENGTH WITHIN PILATES