

Pupil Choice Extra Menu Winter/Spring 2022/23

WEEK 1: Weeks commencing 12/12; 2/1; 23/1; 20/2; 13/3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Dusted Chicken	Mediterranean Roll (VE)	Roast Chicken Sage and onion Stuffing	Cottage Pie	Battered Fish
Italian Pasta Bake	Macaroni Cheese	Sausage in a Yorkshire Pudding	Quorn Burger with Diced Potatoes	Cheese and Tomato Pizza
	Garlic bread	Roast Potatoes or Wholemeal Pasta		Oven chips or Wholemeal Pasta
Cheese Baguette	Egg Roll	Jacket Potato with Various Toppings	Ham Roll	Tuna Sandwich
WEEK 2: Weeks commencing: 9/1; 30/1; 27/2; 20/3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausages in Gravy with Creamed Potatoes	Chicken Pie with Herby Potatoes	Roast Beef And Yorkshire Pudding	Roasted Vegetable Lasagne	Crispy Coated Salmon
Cheese and Vegetable pasty	Mild Vegetable Curry with Rice	Vegetable Bean Bake	Garlic Bread	Cheese and Tomato Pizza
Mashed potato		Roast Potatoes or Wholemeal Pasta	Jacket Potato with Various Fillings	Oven Chips or Wholemeal Pasta
Tuna Sandwich	Ham Roll	Jacket Potato with Various fillings	Cheese Baguette	Egg Roll
WEEK 3: Weeks commencing: 16/1; 6/2; 6/3; 27/3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat balls in Tomato Sauce with Pasta	Mild Chicken Curry and Rice	Roast Pork with Sage and Onion Stuffing	Beef Burger in a bun with Potato Wedges	Fish Fingers
Cheese Pinwheels with Diced Potato	Omelette, Grilled Tomatoes and Baked Beans	Tomato Bolognese	Cheese, Potato and Broccoli Bake	Cheese and Tomato Pizza
	Potato Wedges or Wholemeal Pasta	Roast Potatoes or Wholemeal Pasta		Chips or pasta
Egg Roll	Ham Roll	Cheese Baguette	Jacket Potato with Various Fillings	Tuna Baguette