

SUMMER MENU – WEEK ONE

Allergen information: C (Celery); D (Dairy); E (Egg), F (Fish), G (Gluten); S (Soya);
Su (Sulphites)

Weeks beginning: 3/1; 17/1; 31/1; 21/2; 7/3; 21/3

MONDAY

Main meal: Jacket Potato with a choice of topping
Sides: Homemade Crusty Bread Roll (*G,D*), Mixed Salad Choice
Option B: Ham baguette (*G,D*)
Dessert: Yogurt (*D*) & Fresh Fruit

TUESDAY

Main meal: Lasagne (*G, D*)
Vegetarian Lasagne (*D, G*)
Sides: Garlic Bread (*G, D*) & Sweetcorn
Option B: Jacket potato with Cheese (*D*)
Dessert: Jelly & Ice-cream (*D*)

ROAST WEDNESDAY

Main meal: Roast Chicken with Sage & Onion Stuffing (*G*)
Quorn Fillet (*G, D*) with Sage & Onion Stuffing (*G*)
Sides: Roast Potatoes, Yorkshire pudding (*D, E, G*), Carrots & Shredded
Cabbage
Option B: Tuna (*F, D, E*) baguette (*G*)
Dessert: Shortbread Biscuit (*D, G*)

THURSDAY

Main Meal: Chicken Bites (*G*)
Quorn Dippers (*D, E, G*)
Sides: Smilie Faces, Baked Beans & Mixed Salad Choice
Option B: Jacket potato and Beans (with optional cheese (*D*))
Dessert: Fruit Platter

FRIDAY

Main Meal: Omega 3 Fish Fingers (*F, G*)
Vegetarian Sausages (*G, D, E*)
Sides: Chips, Sweetcorn or Peas, Mixed Salad Choice
Option B: Macaroni Cheese (*G, D*)
Dessert: Chocolate Cake (*G, D, E*) with Chocolate Custard (*D*)

Our Salad Bar will be available with Option B choices
(Please note the following items for allergens: mini rolls (*G*); Coleslaw (*D, E*); Pasta (*G&D*))



SUMMER MENU – WEEK TWO

Allergen information: C (Celery); D (Dairy); E (Egg); F (Fish), G (Gluten); S (Soya); Su (Sulphites)

Weeks beginning: 10/1; 24/1; 7/2; 28/2; 14/3; 28/3

MONDAY

Main Meal: Pizza (*G, D*)

Sides: Pasta (*G*), Sweetcorn & Mixed Salad Choice

Option B: Tomato Pasta (*G*) bowl

Dessert: Peaches & Ice-cream (*D*)

LITE-BITE TUESDAY

Main Meal: Breaded Chicken Fillet Wrap (*G*) served with Lettuce & optional mayo (*D, E*)

Southern Quorn Burger Wrap (*D, G*) served with Lettuce & optional mayo (*D, E*)

Sides: Savoury Rice & Mixed Salad choice

Option B: Jacket Potato with Cheese (*D*)

Dessert: Iced Sponge (*D, E, G*)

ROAST WEDNESDAY

Main Meal: Roast Chicken with Sage & Onion Stuffing (*G*)

Quorn Fillet (*D, G*) with Sage & Onion Stuffing (*G*)

Sides: Roast Potatoes, Yorkshire pudding (*D, E, G*), Green Beans, Carrots & optional gravy

Option B: Ham baguette (*G*)

Dessert: 100% Fruit Lolly

THURSDAY

Main Meal: Butchers Sausages (*G, Su*) with optional gravy

Vegetarian Sausages (*D, E, G*)

Sides: Mashed Potato (*D*), Peas & Cauliflower

Option B: Jacket potato with Beans (with optional cheese (*D*))

Dessert: Syrup & Cornflake Tart (*D, G*) with Custard (*D*)

FRIDAY

Main Meal: Harry Ramsden Seaside Fish Fillet (*F, G*)

Vegetarian Nuggets (*G*)

Sides: Chips, Baked Beans & Sweetcorn

Option B: Tuna (*D, E, F*) baguette (*G*)

Dessert: Fruit Platter

Our Salad Bar will be available with Option B choices
(Please note the following items for allergens: mini rolls (*G*); Coleslaw (*D, E*); Pasta (*G&D*))

