



Welcome to our new menu which includes many of the children's favourites. This term we are offering the popular "Grab a Bag" option to our Year 6 pupils on a daily basis, along with trialling this option to Y3-5 on a weekly rotation. Please see the menu for further information of when this is available for your class.

Our team work hard and are doing everything they can to make the school meal experience a pleasant one for the children. Following feedback from our dinner survey we rotate classes each week and link the younger classes with the older ones so they can help each other. This also speeds up our service allowing more time for the children to play. Our Mid-day Assistants take the time to encourage the children to eat their meals and will inform class teachers if they are not eating well. If you have any questions or concerns our Catering Manager, Mrs Chris Cooper is happy to discuss these with you. Please make an appointment through the school office.

We hold a number of themed days throughout the year to celebrate events including: Bonfire Night; Valentine's Day; Mother's Day; Easter and St George's Day to name a few. Keep a look out on our newsletters for future events.

We will also be inviting Reception and Year 3 parents to join us for lunch to see how we operate and what we offer. A letter with more details will be issued during the Autumn term via Parentmail.

DID YOU KNOW?

Revised Food Standards became statutory in January 2015 and include the following criteria:

- * Starchy food cooked in fat allowed only twice per week
- * Oily fish once every 3 weeks
- * A dessert containing 50% fruit twice a week or more
- * Wholegrain starchy food at least once a week
- * Portioned fruit and yoghurt to be available daily
- * For vegetarians, a non dairy option at least 3 days a week
- * Low fat mil to be available as a drink during the day for KS1 pupils

Your child can order a school meal through their class teacher each morning. You can also book an occasional school lunch.

Have a regular meal one day a week which is ideal when children have a busy evening of clubs.

Why not have a hot meal after class swimming sessions.

Children in Reception to Year 2 are entitled to Universal Free School Meals every day so there is no need to send your child in with a packed lunch. This Government initiative is proving to be very successful in ensuring that children eat a balanced diet which helps them to learn and develop.

Parents with children in Years 3-6 can top-up their account through Parentmail. If your joint family income is under £16,190, then you may also be entitled to apply for Free School Meals and the school will also receive additional funding.



Learning for Life

FAWBERT & BARNARD'S PRIMARY SCHOOL



SUMMER MENU

AVAILABLE FROM

WEDNESDAY 4 SEPTEMBER 2019

A great value, tasty, nutritious two course lunch for just £2.10 a day



WEEK ONE—GRAB BAG AVAILABLE Y6 & Y5

Weeks beginning: 2/9; 23/9; 14/10

MEAT FREE MONDAY

Pasta Bar
 Choose from your favourite sauces and pasta
 Homemade Focaccia
 Tuna tortilla wrap served with pasta salad and vegetable sticks
 Fresh fruit platter

TUESDAY—Buffet Day

Roll with sliced Ham./Turkey/Cheese and homemade mini sausage rolls
 Roll with cheese and vegetarian sausage roll (v)
 Pasta salad & Coleslaw
 Pasta bowl topped with grated cheese
 Shortbread

WEDNESDAY ROAST

Roast turkey, Yorkshire pudding, gravy
 Roasted Quorn fillet (v)
 Roast potatoes, broccoli and carrots
 Ice-cream tubs

THURSDAY Children's favourite!

Chicken Korma
 Veggie Curry (v)
 Rice & Naan bread
 Roll filled with Ham and tomato served with mixed salad and vegetable sticks
 Banana cake served with custard

FISH FRIDAY!

Fish fingers or battered salmon fillet
 Vegetable nuggets (v)
 Chips, Garden Peas or Baked beans
 Strawberry Mousse

WEEK TWO—GRAB BAG AVAILABLE Y6 & Y4

Weeks beginning: 9/9; 30/9; 21/10

JACKET POTATO MONDAY

Choice of various fillings
 Pasta bowl topped with tuna and red pepper
 Flapjack

TUESDAY

Chicken chunks
 Vegetable burger (v)
 Pasta with homemade tomato sauce
 Sweetcorn and broccoli florets
 Ham tortilla wrap served with pasta salad and vegetable sticks
 Fruit platter

WEDNESDAY ROAST

Summer roast Gammon
 Roasted Quorn fillet (v)
 Roast potatoes, cabbage and carrots
 100% fruit lolly

THURSDAY

Homemade minced beef lasagne
 Vegetable lasagne (v)
 Garlic bread and mixed salad
 Roll filled with crispy fish fingers served with mixed salad and vegetable sticks
 Chocolate muffin

FRIDAY

Local butcher's sausage
 Linda McCartney sausage (v)
 Chips, peas or baked beans
 Fruit smoothie

WEEK THREE—GRAB BAG AVAILABLE Y6 & Y3

Week beginning: 16/9; 7/10

PIZZA MONDAY

Cheese and tomato pizza
 Pasta salad
 Cheese tortilla wrap served with pasta salad and vegetable sticks
 Cupcake

TUESDAY

Sticky sausages
 Sticky Quorn sausages (v)
 New potatoes/mash potato and sweetcorn
 Roll filled with cheese and cucumber or ham served with mixed salad and vegetable sticks
 Fruit platter

WEDNESDAY ROAST

Roast chicken with sage and onion stuffing and gravy
 Quorn fillet (v)
 Roast potatoes, carrots and green beans
 Jelly and cream

THURSDAY Children's favourite!

All day breakfast
 1 chipolata, 1 rasher of bacon, scrambled egg
 2 Quorn sausages and scrambled egg (v)
 Hash brown, baked beans, baked tomato, button mushrooms
 Pasta bowl topped with cheese
 Chocolate cracknell

FISH FRIDAY!

Bubble crumb fish
 Quorn dippers (v)
 Chips and baked beans
 Oaty biscuit served with an orange wedge and a glass of milk

GRAB BAG OPTIONS:

Roll with a choice of fillings (Ham/Cheese/Tuna or Hot Roast meat option on Wednesdays)
 Vegetable sticks, an item of fruit, cookie/cake or flapjack and a carton of fruit juice

SERVED DAILY:

Homemade bread rolls (except Wednesday—Roast day); Choice from our self-service salad bar (except Wednesday): sweetcorn, cucumber, tomatoes, lettuce, mixed peppers, diced beetroot, carrots, raisins
 Fresh fruit and yoghurt as an alternative option to the daily menu dessert;
 Water available on every table and cold milk available for Reception to Year 2 children as part of their school dinner