

Week One

Weeks beginning: 7/9; 21/9; 5/10; 19/10

Summer
2020

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets	Spaghetti Bolognese	Roast Chicken served in Gravy	Pizza	Omega 3 Fish Fingers
Quorn Dippers	Quorn Bolognese	Roast Quorn Dinner	As above	Vegetarian option
½ Jacket Potato Baked Beans Salad	Mixed Salad Garlic Bread	Roast Potatoes Seasonal Vegetables	Pasta Salad Sweetcorn Salad	Chips Peas Salad
Waffles served with Chocolate/Strawberry Sauce Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Ice Cream Pot Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	100% Fruit Lolly Fresh Fruit or Yoghurt



Summer
2020

Week Two

Weeks beginning: 14/9; 28/9; 12/10

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato with a choice of Toppings	Meatballs with a Tomato Sauce	Roast Chicken served in Gravy	Tomato and Cheese Pasta Bake	Fish of Choice
As above	Vegetarian with Tomato Sauce	Roast Quorn Dinner	As above	Linda McCartney Vegetarian Sausages
Mixed Salad	Rice Sweetcorn	Roast Potatoes Seasonal Vegetables	Mixed Salad Garlic Bread	Chips Peas Salad
Flapjack Slice Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Arctic Roll Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Ice cream Pots Fresh Fruit or Yoghurt