

# LUNCH TIME

## FAWBERT & BARNARD'S PRIMARY SCHOOL

### INTRODUCING OUR NEW SUMMER MENU AVAILABLE FROM MONDAY 30 APRIL 2018

A great value, tasty, nutritious two course lunch for just £2.10 a day

Welcome to our new menu. We are introducing some new main meals and desserts for the children to try, as well as keeping some of their favourites. Take a look through the options with your child and encourage them to come and try the delicious school dinners. It would be lovely to see even more children enjoying our freshly cooked meals.

This term we are also offering a "Grab a Bag" option for our Year 6 pupils on a trial basis, so that they can eat outside during the Summer Term if they wish. The children will be able to order this option at morning registration as an alternative option to the dish of the day. This bag will contain a deli roll with a choice of fillings (Ham, Cheese, Egg, Tuna or hot roast meat option on Wednesdays), vegetable sticks, an item of fruit, cookie/cake or flapjack and a bottle of water.

Our Midday Assistants take the time to encourage the children to eat their meals and will inform class teachers if your child is not eating well. Do remember that if you have any questions or concerns with your child and school meals, Mrs Chris Cooper, our Catering Manager, is happy to discuss these with you. Please make an appointment via the School Office.

**Payments:** All meals requiring a payment are payable by using our Parentmail system. This means that you can keep a check on your child's dinner balance and easily top up on the day if your child wishes to have a school meal. The system also allows us to send payment reminders quickly and easily by e-mail.

**Free School Meals:** All children in Reception, Year 1 and Year 2 are entitled to a Free School Meal every day so there is no need to provide a packed lunch. This government initiative is proving to be very successful in ensuring that children eat a balanced diet which helps them learn and develop. In KS2, if your joint family income is under £16,190, then you may also be entitled to apply for Free School Meals and the school will also receive additional funding. Please follow the link on our website for more information



WEEK ONE: W/B 30 April; 21 May; 18 June and 9 July

# LUNCH TIME

## Monday

### MEAT FREE Pasta Bar

Choose from your Favourite  
Sauces and Pasta.



Homemade Focaccia



Salad Bar-choice of at least 6  
Salads



Tuna Tortilla Wrap served with  
Pasta Salad and Vegetable  
Sticks



Fresh Fruit Platter

## Tuesday

### Buffet Day

Roll with Sliced Ham,  
Turkey, Cheese & Homemade  
Mini Sausage Rolls  
or

**Buffet Day:-** Roll with Cheese,  
&  
Vegetarian Sausage Roll (v)



Pasta Salad  
Coleslaw



Salad Bar- choice of at least 6  
Salads



Pasta Bowl topped with Grated  
Cheese



Ice Cream tubs

## Wednesday

### ROAST

Roast Turkey  
Yorkshire Pudding, Gravy  
or  
Roasted Quorn Fillet (v)



Roast Potatoes  
Broccoli  
Carrots



Salad Bar- choice of at least 6  
Salads



Freshly made Honey and Oat  
Cookie

## Thursday

Sweet & Sour Chicken  
or  
Quorn Sweet & Sour (v)



Rice or  
Egg Noodles



Salad Bar- choice of at least 6  
Salads



Roll filled with Bacon and  
Tomato served with Mixed Salad  
and Vegetable Sticks



Apple and Banana Cake  
served with custard

## Friday

### FISH FRIDAY!

Omega 3 Fish Fingers  
or Battered Salmon Fillet  
or  
Vegetable Nuggets (v)



Chips  
Garden Peas  
Baked Beans



Salad Bar choice of at least 6  
Salads



Fruit Smoothie



Also available daily - Homemade bread rolls (except Wednesday—Roast day); Choice from our self-service salad bar: sweetcorn, cucumber, tomatoes, lettuce, mixed peppers, diced beetroot, carrots, raisins. Fresh fruit and yoghurt as an alternative option to the daily menu dessert; Water available on every table and cold milk available for Reception to Year 2 children as part of their school dinner



WEEK TWO: W/B 7 May; 4 June; 25 June and 16 July

# LUNCH TIME

## Monday

**MEAT FREE**  
Cheddar Whirl



Oven baked Wedges  
Florida Coleslaw



Salad Bar-choice of at least 6  
Salads



Pasta Bowl topped Tuna and  
Red pepper



Blueberry and  
Lemon Tray Bake

## Tuesday

Chicken Chunks  
or  
Vegetable Burger (v)



Pasta with Homemade  
Tomato Sauce  
Sweetcorn  
Broccoli Florets



Salad Bar- choice of at least 6  
Salads



Ham Tortilla Wrap served with  
Pasta Salad and Vegetable  
Sticks



Eton Mess

## Wednesday

**ROAST**  
Summer Roast Gammon  
or  
Roasted Quorn fillet (v)



Roast Potatoes  
Cabbage  
Carrots



Salad Bar- choice of at least 6  
Salads



100% Fruit Lolly

## Thursday

Homemade Minced Beef  
Lasagne  
or  
Vegetable Lasagne (v)



Garlic Bread  
Mixed Salad



Salad Bar- choice of at least 6  
Salads



Roll filled with Crispy Fish Sticks  
served with Mixed Salad and  
Vegetable Sticks



Chocolate Berry Cookie

## Friday

Local Butcher's Sausage  
or  
Linda McCartney Sausage (v)



Chips  
Peas  
Baked Beans



Salad Bar choice of at least 6  
Salads



Strawberry Mousse



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WEEK THREE: w/b 14 May; 11 June and 2 July

# LUNCH TIME

## Monday

### MEAT FREE

Pizza Day  
Cheese and Tomato



Pasta Salad



Salad Bar-choice of at least 6  
Salads



Fish Sticks Tortilla Wrap served  
with Pasta salad and  
Vegetable Sticks



Red Velvet Slice

## Tuesday

Sticky Sausages  
or  
Sticky Quorn Sausage (v)



New Potatoes/Mash Potatoes  
Sweetcorn



Salad Bar- choice of at least 6  
Salads



Roll filled with cheese and  
Cucumber or Ham served with  
Mixed Salad and Vegetable  
Sticks



Jelly and Cream

## Wednesday

### ROAST

Roast Chicken  
Sage & Onion Stuffing, Gravy  
or  
Quorn Fillet (v)



Roast Potatoes  
Carrots  
Green Beans



Salad Bar- choice of at least 6  
Salads



Fruit Platter

## Thursday

All day breakfast  
(1 chipolata, 1 rasher of  
bacon, scrambled egg)

Or

All day vegetarian breakfast  
(2 Quorn sausages, scrambled  
egg)



Hash brown, baked beans,  
baked tomato, button  
mushrooms



Pasta Bowl topped Cheese



Chocolate Cracknell

## Friday

### FISH FRIDAY!

Crispy Fish Sticks  
Or  
Quorn Dippers (v)



Chips  
Baked Beans



Salad Bar choice of at least 6  
Salads



Oaty Biscuit served with an  
Orange Wedge and a  
Glass of Milk



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