

LUNCH TIME

FAWBERT & BARNARD'S PRIMARY SCHOOL

INTRODUCING OUR NEW SUMMER MENU AVAILABLE FROM MONDAY 30 APRIL 2018

A great value, tasty, nutritious two course lunch for just £2.10 a day

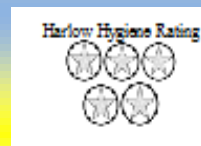
Welcome to our new menu. We are introducing some new main meals and desserts for the children to try, as well as keeping some of their favourites. Take a look through the options with your child and encourage them to come and try the delicious school dinners. It would be lovely to see even more children enjoying our freshly cooked meals.

This term we are also offering a "Grab a Bag" option for our Year 6 pupils on a trial basis, so that they can eat outside during the Summer Term if they wish. The children will be able to order this option at morning registration as an alternative option to the dish of the day. This bag will contain a deli roll with a choice of fillings (Ham, Cheese, Egg, Tuna or hot roast meat option on Wednesdays), vegetable sticks, an item of fruit, cookie/cake or flapjack and a bottle of water.

Our Midday Assistants take the time to encourage the children to eat their meals and will inform class teachers if your child is not eating well. Do remember that if you have any questions or concerns with your child and school meals, Mrs Chris Cooper, our Catering Manager, is happy to discuss these with you. Please make an appointment via the School Office.

Payments: All meals requiring a payment are payable by using our Parentmail system. This means that you can keep a check on your child's dinner balance and easily top up on the day if your child wishes to have a school meal. The system also allows us to send payment reminders quickly and easily by e-mail.

Free School Meals: All children in Reception, Year 1 and Year 2 are entitled to a Free School Meal every day so there is no need to provide a packed lunch. This government initiative is proving to be very successful in ensuring that children eat a balanced diet which helps them learn and develop. In KS2, if your joint family income is under £16,190, then you may also be entitled to apply for Free School Meals and the school will also receive additional funding. Please follow the link on our website for more information



WEEK ONE: W/B 3 September; 24 September & 15 October

LUNCH TIME

Monday

MEAT FREE Pasta Bar

Choose from your Favourite
Sauces and Pasta.



Homemade Focaccia



Salad Bar-choice of at least 6
Salads



Tuna Tortilla Wrap served with
Pasta Salad and Vegetable
Sticks



Fresh Fruit Platter

Tuesday

Buffet Day

Roll with Sliced Ham,
Turkey, Cheese & Homemade
Mini Sausage Rolls
or

Buffet Day:- Roll with Cheese,
&
Vegetarian Sausage Roll (v)



Pasta Salad
Coleslaw



Salad Bar- choice of at least 6
Salads



Pasta Bowl topped with Grated
Cheese



Ice Cream tubs

Wednesday

ROAST

Roast Turkey
Yorkshire Pudding, Gravy
or
Roasted Quorn Fillet (v)



Roast Potatoes
Broccoli
Carrots



Salad Bar- choice of at least 6
Salads



Freshly made Honey and Oat
Cookie

Thursday

Sweet & Sour Chicken
or
Quorn Sweet & Sour (v)



Rice or
Egg Noodles



Salad Bar- choice of at least 6
Salads



Roll filled with Bacon and
Tomato served with Mixed Salad
and Vegetable Sticks



Apple and Banana Cake
served with custard

Friday

FISH FRIDAY!

Omega 3 Fish Fingers
or Battered Salmon Fillet
or
Vegetable Nuggets (v)



Chips
Garden Peas
Baked Beans



Salad Bar choice of at least 6
Salads



Fruit Smoothie



Also available daily - Homemade bread rolls (except Wednesday—Roast day); Choice from our self-service salad bar: sweetcorn, cucumber, tomatoes, lettuce, mixed peppers, diced beetroot, carrots, raisins. Fresh fruit and yoghurt as an alternative option to the daily menu dessert; Water available on every table and cold milk available for Reception to Year 2 children as part of their school dinner



WEEK TWO: W/B 10 September & 1 October

LUNCH TIME

Monday

MEAT FREE
Cheddar Whirl



Oven baked Wedges
Florida Coleslaw



Salad Bar-choice of at least 6
Salads



Pasta Bowl topped Tuna and
Red pepper



Blueberry and
Lemon Tray Bake

Tuesday

Chicken Chunks
or
Vegetable Burger (v)



Pasta with Homemade
Tomato Sauce
Sweetcorn
Broccoli Florets



Salad Bar- choice of at least 6
Salads



Ham Tortilla Wrap served with
Pasta Salad and Vegetable
Sticks



Eton Mess

Wednesday

ROAST
Summer Roast Gammon
or
Roasted Quorn fillet (v)



Roast Potatoes
Cabbage
Carrots



Salad Bar- choice of at least 6
Salads



100% Fruit Lolly

Thursday

Homemade Minced Beef
Lasagne
or
Vegetable Lasagne (v)



Garlic Bread
Mixed Salad



Salad Bar- choice of at least 6
Salads



Roll filled with Crispy Fish Sticks
served with Mixed Salad and
Vegetable Sticks



Chocolate Berry Cookie

Friday

Local Butcher's Sausage
or
Linda McCartney Sausage (v)



Chips
Peas
Baked Beans



Salad Bar choice of at least 6
Salads



Strawberry Mousse



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WEEK THREE: w/b 17 September & 8 October

LUNCH TIME

Monday

MEAT FREE

Pizza Day
Cheese and Tomato



Pasta Salad



Salad Bar-choice of at least 6 Salads



Fish Sticks Tortilla Wrap served with Pasta salad and Vegetable Sticks



Red Velvet Slice

Tuesday

Sticky Sausages
or
Sticky Quorn Sausage (v)



New Potatoes/Mash Potatoes
Sweetcorn



Salad Bar- choice of at least 6 Salads



Roll filled with cheese and Cucumber or Ham served with Mixed Salad and Vegetable Sticks



Jelly and Cream

Wednesday

ROAST

Roast Chicken
Sage & Onion Stuffing, Gravy
or
Quorn Fillet (v)



Roast Potatoes
Carrots
Green Beans



Salad Bar- choice of at least 6 Salads



Fruit Platter

Thursday

All day breakfast
(1 chipolata, 1 rasher of
bacon, scrambled egg)

Or

All day vegetarian breakfast
(2 Quorn sausages, scrambled
egg)



Hash brown, baked beans,
baked tomato, button
mushrooms



Pasta Bowl topped Cheese



Chocolate Cracknell

Friday

FISH FRIDAY!

Crispy Fish Sticks
Or
Quorn Dippers (v)



Chips
Baked Beans



Salad Bar choice of at least 6 Salads



Oaty Biscuit served with an
Orange Wedge and a
Glass of Milk



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