



**FAMILY
LEARNING**



ACL aims is “Improving Lives through Adult Learning in Essex”, as part of this we have a dedicated Community and Family Learning team to support parents/carers/others supporting children and families in Essex. We have a suite of courses/workshops on offer to compliment your school/setting. All of which are currently FREE, delivered online (until after Oct Half term) or we can co-create something bespoke for your school/setting.

These are courses that are available to all residents in Essex and are delivered online, are FREE to attend.

Course Title	Start date and Time	Number of weeks	Tutors	Click link to Book on the course
Emotional Wellbeing KS2	Tues 15 th September 19:00-21:00	3	Claudia Gillian	https://tinyurl.com/Emotional-Wellbeing-KS2 booking closes 22 nd September
Emotional Wellbeing KS1	Wed 16 th September 12.30-14.30	3	Claudia Gillian	https://tinyurl.com/Emotional-Wellbeing-KS1 booking closes 23 rd September
Successful Co-Parenting	Wed 23 rd September 19:00-21:00	1	Carly Claudia	https://tinyurl.com/successful-co-parenting booking closes 22 nd September
Motivating Teens	Thurs 24 th September 10:00-12:00	2	Gillian Claudia	https://tinyurl.com/Motivating-Teens booking closes 23 rd September
Family First Aid	Thurs 24 th September 10:00-12:00	1	Jane Mary	https://tinyurl.com/Family-First-Aid-24th-Sept booking closes 23 rd September
Understanding Children	Tues 6 th October 9:30-11:30	4	Gillian Mary	https://tinyurl.com/Understanding-Children booking closes 13 th October
Emotional Wellbeing for parents and carers	Thurs 8 th October 19:00-21:00	3	Carly	https://tinyurl.com/EW-parents-8th-Oct booking closes 7 th October
Understanding Anxiety	Thurs 12 th November 19:00-20:30	2	Carly Gillian	https://tinyurl.com/Understanding-Anxiety-12th-Nov booking closes 12 th November

If the course has already commenced but **booking is still open**, all resources from Week1 will be shared you with and a tutor will be in contact to personally bring you up to speed and answer any questions. **If booking has closed:** Visit our website and book on a waiting list:

<https://aclessex.com/community-family-learning-online/>

aclessex.com

0345 603 7635

acl.nostoppingme@essex.gov.uk





**FAMILY
LEARNING**



In partnership with specific schools:

For parents/carers/grandparents of William Martin School and Nursery Harlow ONLY:

6 th October 2020	Family First Aid	12:30-2:30pm open to all parents of the school and nursery	Click here to book: https://tinyurl.com/WM-Family-First-Aid-6th-Oct
13 th October 2020	Family First Aid	12:30-2:30pm open to all parents of the school and nursery	Click here to book: https://tinyurl.com/WM-Family-First-Aid-13th-Oct
20 th October 2020	Family First Aid	12:30-2:30pm open to all parents of the school and nursery	Click here to book: https://tinyurl.com/WM-Family-First-Aid-20th-Oct

For parents/carers/grandparents local to Clacton Coastal Academy Community Centre: delivered face-to-face within the centre

Emotional Wellbeing for parents of Teens	Wed 30 th September 9:30-11:30	3	Carly	Click here to book: https://tinyurl.com/EW-parents-teens-30th-sept-CCA
--	--	---	-------	---

For parents/carers/grandparents of St Osyth Primary School ONLY:

Emotional Wellbeing for parents	Mon 28 th September 9:30-11:30	3	Carly	Click here to book: https://tinyurl.com/EW-Parents-28th-Sept-morning
---------------------------------	--	---	-------	---

For parents/carers/grandparents of Anglo European School ONLY:

Internet Safety for Parents of KS3	Wed 30 th September 10-12	1	Gillian Jane	Click here to book: https://tinyurl.com/e-safety-30th-Sept-10am
Internet Safety for Parents of KS4	Thurs 1 st October 6:30-8:30	1	Gillian Jane	Click here to book: https://tinyurl.com/e-safety-1st-Oct--evening

For parents/carers/grandparents of Becket Keys C of E Secondary School ONLY:

Internet Safety for Parents	Wed 30 th September 6:30-8:30	1	Gillian Jane	Click here to book: https://tinyurl.com/e-safety-30th-Sept-evening
-----------------------------	---	---	-----------------	---

aclessex.com

0345 603 7635

acl.nostoppingme@essex.gov.uk

