



Essex Child and Family Wellbeing Service
**Home Learning and Personal, Social and Health
Education resources to support Children and Young
people with SEND**

May 2020

Background & Purpose

On 01 April 2017 Virgin Care Services Limited together with Barnardo's commenced a new Essex County Council commissioned contract to deliver children and family services across the whole of Essex, including local children's community health provision commissioned by West Essex CCG.

A key feature our service is the integration of professionals from Children's Centre, Health Visiting and School Nursing Teams to deliver a new service focused on improving outcomes for children, young people and their families. In West Essex, this integration includes the paediatric health provision commissioned by West Essex CCG.

We have worked with our Special Needs School Nurses, Healthy Schools Engagement Workers, Public Health Specialists and wider Healthy Family Team members, to identify helpful resources/websites/home learning opportunities for facilitation in school or to support parents at home. These resources are linked to Personal, Social and Health and Economic (PSHE) Education under the Healthy Schools banner. These resources are particularly user friendly, or designed specifically for children and young people with additional needs and their parents.

Organisation	Description of resource	Resource link	Intended audience
Sensory Spectacle	A series of Youtube videos looking at ways to support students with Sensory Processing Difficulties (SPD)	https://www.youtube.com/playlist?list=PLkmrkp9lg-_mp1i3eyQvduojd8R5iK8Y5	Teachers/Parents
IPSEA (Independent Provider of Special Educational Advice)	A list of FAQ's on how the COVID19 measures will affect children and young people with Special Educational Needs.	https://www.ipsea.org.uk/news/ipsea-update-on-covid-19-school-closures-and-sen-provision	Parents
National Autistic Society	Information, guidance, resources and handy top tips for autistic people and families dealing with autism during the COVID19 pandemic	https://www.autism.org.uk/services/helplines/coronavirus/resources.aspx	Parents
SNAP (Special Needs and Parents)	A family guide to Coronavirus. A series of information sheets covering topics such as explaining the coronavirus and answering children's questions, important information for parents and carers, Makaton and BSL resources, the importance of timetables and visual supports, Coronavirus community support, helpline support, helping to deal with anxiety (for everyone), learning at home and activity ideas	https://www.snapcharity.org/coronavirus-family-guide/	Parents

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MENCAP	An easy read guide to Coronavirus	https://www.mencap.org.uk/sites/default/files/2020-03/Info%20about%20covid19%2031st%20March.pdf	Parents/teachers
Epping Forest District Council Facebook Disability Forum	Lots of handy hints, tips and ideas for families/professionals to support children and young people with SEND. Please note some posts may only be relevant/available to residents of Epping Forest DC	https://en-gb.facebook.com/EppingForestDisabilityForum/	Parents/teachers
Contact – For Families With Disabled Children	An organisation which supports families with disabled children, through services, resources and support networks. A coronavirus information section is available on the website home page.	https://contact.org.uk/	Parents/teachers
PSHE Association – Coronavirus Hub	A bank of resources/information available to members and non-members around home schooling and PSHE, advice for teachers planning lessons and resources, advice for parents exploring PSHE with their children and how the PSHE curriculum can support pupils during lockdown	https://www.pshe-association.org.uk/content/coronavirus-hub	Parents/teachers

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Carol Gray - Pandemic Social Story	A social story resource focusing on pandemics and the Coronavirus	https://carolgraysocialstories.com/wp-content/uploads/2020/03/Pandemics-and-the-Coronavirus.pdf	Parents/teachers
Young Minds – 360 schools (360° schools requires a free sign up to access resources, but parents can access website for wider information/support)	By joining the 360° Community, you will receive e-newsletters with free teaching resources, videos and tips and examples of good practice on mental health & wellbeing from professionals	https://youngminds.org.uk/youngminds-professionals/360-schools/	Parents/teachers
ASDAN – education charity	ASDAN is an awarding organisation whose curriculum programmes and qualifications help young people develop knowledge and skills for learning, work and life	https://www.asdan.org.uk/course/s/courses-for-your-setting/send-provision	Teachers
Gov.uk - Home schooling resources	An initial list of online educational resources to help children to learn at home. These websites have been identified by some of the country's leading educational experts and offer a wide range of support and resources for pupils of all ages.	https://www.gov.uk/government/publications/coronavirus-covid-19-online-education-resources/coronavirus-covid-19-list-of-online-education-resources-for-home-education	Parents/teachers

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The National Autistic Society - Hospital Passport	A 'Health Passport' for people with autism who may require hospital treatment. Designed to help autistic people communicate their needs to doctors, nurses and other health care professionals	https://www.autism.org.uk/about/health/hospital-passport.aspx	Parents/teachers
Lockdown Guide to Wellbeing	A worksheet based activity pack looking at ways to support emotional health & wellbeing during lockdown	 Microsoft Word Document	Parents/teachers
Speech & Language Advice Calendars	A resource for parents looking at supporting children's speech & language development, using daily tips/activities to explore together	 Adobe Acrobat Document  Adobe Acrobat Document	
Essex Safeguarding Children Board – Online safety information	A rise in online safeguarding concerns has been observed since lockdown was introduced. The ESCB have produced a list of websites/information for professionals, parents and young people to raise awareness and signposting to help keep children and young people safe online	 Microsoft Word Document	Parents/Teachers/Pupils

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Essex Local Offer	A resource to answer some frequently asked questions and signpost parent/carers to telephone and online support that might be helpful.	http://www.essexlocaloffer.org.uk/category/coronavirus/	Parents/teachers
Essex Local Offer	A list of resources and websites to support autistic learners	http://www.essexlocaloffer.org.uk/coronavirus-support-for-autistic-learners/	Parents/ teachers
Zones of Regulation	Resources and ideas to support distance learning during Covid19, using Zones of Regulation to help pupils identify and communicate their feelings and emotional health & wellbeing	http://www.zonesofregulation.com/distance-learning-resources.html	Parents/teachers
School Nurse info for parents with ASD diagnosed children	A list of information, hints and tips that a Special Needs School Nurse shares with parents whose children have a diagnosis of ASD	 Microsoft Word Document	

