

My name is Kim Douglas

I am the Home School Liaison Officer for Harlow Education Consultation (HEC)

I have 12 years' experience working within The Behaviour Support Team, 5 years being part of the Social Emotional Mental Health Team and 3 years involvement with The Specialist Teaching Team

My role is to support Schools and Families to work together to achieve the best possible outcome for young people

I can offer the following support for parents

- Direct Family Support, tailored to the need of the family
- Parent Training/Workshops (group or 1/1)
 - Understanding ADHD
 - Parenting Boys
 - Behaviour as a Communication
 - Relaxation
 - Exploring Self
 - Exploring Empathy
 - Exploring Feelings
 - Sleeping
- Parent and Child
 - 'Messy Workshops'
 - Family Work;
 - routine's
 - rewards
 - boundaries
 - family agreements
- Support at medical appointments
- Support with housing/benefits/finding employment
- Signposting

Please contact your school to discuss any bespoke support or training requests