

# Bawdsey Manor, Suffolk PGL



Fawbert and Barnard's Primary  
School

30 September - 2 October 2024

Views of the site, which is located within an area of outstanding natural beauty. Take a look around this site by clicking [here](#).





Some of the numerous activities our children may do.



Abseiling  
Aero ball  
Climbing





# Raft Building Zip wire Challenge Course Archery







Giant Swing  
Trapeze  
Jacob's Ladder







Evening  
Entertainments  
Camp Fire  
Capture the Flag  
And many more

This is a non-curriculum trip and is optional - so full payment is required by the 20 July 2024 to enable your child to attend.



The full cost of the residential is £220.

To secure your child's place a non-refundable deposit of £30 is required no later than 30 September 2023 via Parentmail.

- Payments can be made by instalments via our Parentmail system for the outstanding balance.
- The cost includes transport, full-board and a range of activities starting from arrival.



**Pupils:** Dormitory-style rooms sleeping 4-10 per room. (showers and toilets located close by)

**Adults:** En suite single/twin room at the edge / middle of children's accommodation



The Dining Room offer a variety of main courses and side options, like soup, bread and salad. Water and juice is also available at every meal.

A menu board at the entrance advises children about food content and gives allergy information. The children must make sensible selections if they have any allergy concerns.





# Sample of Daily Itinerary

**07:00** - PGL staff wake up the group

**07:40** - Breakfast (English or Continental, cereal, toast and drinks)

**08:50** - First activity session

**10:30** - Second activity session

**12:10** - Hot lunch or packed lunch

**13:00** – Shop time

**14:00** - Third activity session

**15:30** - Break

**15:40** - Fourth activity session

**17:10** - Supervised free time

**17:30 – 19:00** - 3 course evening meal, then free time.

**19:00 – 20:30** - Evening entertainment. Group Leaders assist Party Leaders until 21.00. From 21.00 - 23.00 there will be PGL staff on active night duty. Through the night there will always be a senior PGL staff member on call.

## Kit List for PGL UK Centres

Suitable nightwear x2

Underwear (extra is advisable)

Socks (that cover ankles for many activities)

Trousers/leggings for activities (not jeans)

Shorts (weather dependent)(not skimpy due to harness use in some activities)

1 pair of trainers for activities

1 pair of waterproof shoes (old trainers are ideal)

Dry shoes for evening activities

Fleeces/sweatshirts

Long sleeved shirt/t-shirt (for activities where arms need to be covered)

T-shirts

Waterproof jacket (and trousers if you have them)

Baseball hat/sun hat ( weather dependent)

1 or 2 sets of clothes for the evening

1 towel for showering

1 'old' towel for wet activities

Plastic drinks bottle

Sun cream

Small rucksack/bag

Labelled bin bag for wet and dirty clothing

Wash bag with flannel, soap, shampoo, toothbrush, toothpaste

Roll on deodorant only

Sleeping bag and pillow – labelled

**Please note: Clothes for activities can get covered in mud, wet and ripped during activities so old clothes are ideal**





# Next steps

Have a look at the PGL website as previously mentioned for more details especially the [parent guide](#)

Pay £30 deposit via parentmail no later than 30 September 2023 to secure your child's place

A further meeting and more information will be issued nearer the time in July / September when we receive confirmation of activities given.

Any questions, please ask.