

Time	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2		
R	1	Getting used to EYFS	Dance	Ball Skills	Floor Gymnastics	Equipment Gymnastics	Athletics	
		Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	
Yr 1	1	Ball Skills		Striking Games		Athletics	Invasion Games	
		Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	
	2	Floor Gymnastics (10 weeks)	Dance (10 weeks)		Equipment Gymnastics (10 weeks)		OAA	
		Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	
Yr 2	1	Ball Skills	Netball	Invasion Games	Football	3 Tees Cricket	Athletics	
		Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	
	2	Floor Gymnastics (10 weeks)	Equipment Gymnastics (10 weeks)			Dance (10 weeks)		OAA
		Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	
Yr 3	1	Hockey	Basketball	OAA	Tag Rugby	Dodgeball	Tennis	
		Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	
	2	Floor Gymnastics (10 weeks)	Dance (10 weeks)		Equipment Gymnastics (10 weeks)		Athletics	
		Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	
Yr 4	1	Football	Dodgeball	Tag Rugby	Netball	Athletics	Cricket	
		Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	
	2	Floor Gymnastics (10 weeks)	Equipment Gymnastics (10 weeks)			Dance (10 weeks)		OAA
		Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	
Yr 5	1	Basketball	Hockey	Tennis	Football	Athletics	Rounders	
		Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	
	2	Floor Gymnastics (10 weeks)	Dance (10 weeks)		Equipment Gymnastics (10 weeks)		OAA	
		Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	
Yr 6	1	Dodgeball	Netball	Tag Rugby	Rounders	Cricket	Athletics	
		Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	
	2	Floor Gymnastics (10 weeks)	Equipment Gymnastics (10 weeks)			Dance (10 weeks)		OAA
		Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	Primary Focus	Secondary Focus	

KEY

Physical

Thinking

Social